

Terms and Conditions for Website – The Sport Dietitian

1. Introduction

Welcome to The Sport Dietitian!

This page tells you the terms on which you may use our website thesportdietitian.co.uk (including all landing pages and social media pages) (together, known as the “**site**”), whether as registered user or guest. Please read carefully before use.

By using the site, you accept the terms and agree to obey them. If you don't accept them, please don't use the site.

2. Who We Are

The website is at thesportdietitian.co.uk, and is operated by Sustainable Change Ltd, a company registered in Scotland under company number SC588863.

Our registered office is at: 67 Learmonth Court, Edinburgh EH4 1PD.

These terms and conditions apply equally to any landing page or social media page operated by us.

3. Use of the Site

You have permission for temporary use of the site, but we can withdraw or change our service at any time without telling you and without being legally responsible to you.

You must treat all identification codes, passwords and other security information as confidential. If we think you have failed to keep confidentiality, we are allowed to disable any security information (including your passwords and codes).

If you allow anyone else to use our site, you must make sure that they read these terms first, and that they follow them.

Only use the site as allowed by law and these terms. If you don't, we may suspend your usage, or stop it completely.

We frequently update the site and make changes to it, but we don't have to do this, and material on the site may be out-of-date. No material on the site is intended to contain advice, and you shouldn't rely on it. We exclude all legal responsibility and costs for reliance placed on the site by anyone.

We follow our privacy policy in handling information about you. You can read our privacy policy on our website.

By using the site, you agree to us handling this information and confirm that data you provide is accurate.

4. Intellectual Property Rights

We are the owner or licensee of all intellectual property rights in the site (for example the copyright and any rights in the designs) and in any of the material posted on it. They are protected by copyright.

You are allowed to print one copy and download extracts of any page on the site for your personal reference, but not for commercial use without a licence from us. You must not alter anything, or use any illustrations, video, audio or photographs separately from the text that goes with them.

If you breach these terms, you lose your right to use our site, and must destroy or return any copies you have made.

5. Our Legal Responsibility to You

We do not guarantee the accuracy of material on our site. As far as legally possible, we exclude legal responsibility for the following:

- Any loss to you arising from use of our site
- Loss of income, profit, business, data, contracts, goodwill or savings

We also exclude, as far as legally possible, all terms and warranties or promises implied by law or by statutes.

We don't exclude legal responsibility for death or personal injury owing to our negligence, or legal responsibility for fraud or fraudulent misrepresentation, or for anything else where exclusion is not allowed by the law.

We might, from time to time, provide health and wellness information on our site, but we do not confirm that this is accurate (although every attempt is taken to ensure the information is accurate and evidence-based). Please do not rely on this information. If you would like bespoke information relevant to your personal circumstances, please contact us for tailored programming suitable for you.

6. Uploading to our Site

Material that you upload will be regarded as non-confidential and not owned. This means that we can copy it, distribute it, and show it to other people for any purpose. You agree that if anyone else claims to own the material, or says that it breaches their rights, we can give them your identity.

We won't be legally responsible to anybody for the accuracy of material that you upload to the site, and we can remove it at any time.

7. Computer Offences

If you do anything which is a criminal offence under a law called the Computer Misuse Act 1990, your right to use the site will end straightaway. We will report you to the relevant authorities and give them your identity.

Examples of computer misuse include introducing viruses, worms, Trojans and other technologically harmful or damaging material.

You mustn't try to get access to our site or server or any connected database or make any 'attack' on the site. We won't be legally responsible to you for any damage from viruses or other harmful material that you pick up via our site.

8. Links to Our Site

You are allowed to make a legal link to our website's homepage from your website. We can end this permission at any time.

You must not suggest any endorsement by us or association with us unless we agree in writing.

9. Links From Our Site

Links from our Site Platform to other websites are for information only. We don't control them and don't accept responsibility for other websites or any materials found upon them or any loss you suffer from using them.

10. Variation

We change these terms from time to time and you must check them for changes because they are binding on you.

11. Applicable Law

The parties will use their best efforts to negotiate in good faith and settle any dispute that may arise out of or relate to this Agreement or any breach of it. Any dispute shall not affect the parties' ongoing obligations under the Agreement. The Scottish courts have the only right to hear claims related to our site, and all disputes are governed by Scot law.

12. Contact Us

Please email us at hello@thesportdietitian.co.uk to contact us about any issues.